

NORTHWEST JUNIOR COLLEGIATE WRESTLING ASSOCIATION

BY LAWS

Article I THE NAME

The name of this organization shall be the Northwest Junior Collegiate Wrestling Association, herein called the "NJCW".

Article II PURPOSE

- Sec. 1 The purpose of the NJCW shall be to establish rules and regulations governing affiliated teams and to equitably administer an efficient wrestling program under a common jurisdiction.
- Sec. 2 To promote mutual friendliness between individuals and groups who participate and to give youth the opportunity to learn the skills of collegiate wrestling.
- Sec. 3 To establish this national sport on a high plane, thus promoting a healthy, safe, and positive introduction to the sport.

Article III MEMBERSHIP

- Sec. 1 A membership may be granted to any team who is a charter member of USA Wrestling and supports these bylaws.
- Sec. 2 The NJCW reserves the right to control the total number of team members and the right to refuse membership to any team or individual who, in the eyes of the NJCW, has proven themselves to be detrimental to the sport of wrestling.

Article IV ADMINISTRATION

- Sec. 1 The administration of this association shall be vested in an Executive Board. The elected officers shall be: President, Vice-President, Secretary-Treasurer and an Operations Officer.
- Sec. 2 The Executive Board members shall be elected at the last meeting of the season. Each member team is allowed one vote.

Article V MEETINGS

- Sec. 1 Meetings shall be held monthly at such places and times as the executive board shall designate. Meetings will be held October through March.
- Sec. 2 Special meetings may be held at the call of the President or of one-third of the team managers, providing a notice of the time and purpose of the meeting is given to each member at least one week prior to the meeting.

Article VI AMENDMENTS

- Sec. 1 Amendments to this constitution may only be made at a meeting of the board of managers provided that 7 days notice of the proposed amendments have been submitted to each manager.
- Sec. 2 A two-thirds vote of the team managers present shall be necessary to pass any amendment.

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RULES OF ORDER

ARTICLE I MEETINGS

- Sec. 1 All meetings and proceedings of this association are to be conducted in accordance with Robert's Rules of Order to the degree that best suits the purpose of the association to conduct business in an orderly manner.

ARTICLE II VOTING

- Sec. 1 Each member team is allowed one vote to be cast by a recognized team manager.

ARTICLE III DUTIES OF OFFICERS

- Sec. 1 President shall preside over all meetings of this association and shall appoint committees as appropriate to conduct the business of the NJCW.
- Sec. 2 Vice President shall assume the duties of the president in his absence and shall serve as tournament director of the Northwest Collegiate Championships.
- Sec. 3 Secretary-Treasurer shall handle all correspondence as directed by the Executive Board and handle all funds of the association.
- Sec. 4 Operations Officer shall oversee the league schedule and assign teams to the appropriate tournaments. He or she shall also be responsible for the Northwest Collegiate Championships Tournament work schedule.

ARTICLE IV TERM OF OFFICE

- Sec. 1 All terms of office are for two years with the President and Operations Officer elected on even years and the Vice-President and Secretary elected on odd years.
- Sec. 2 The board of team managers shall consist of one recognized representative of each member team.
- Sec. 3. Any elective vacancy shall be filled by vote of the team managers at the next regularly scheduled meeting.

ARTICLE V LEAGUE STRUCTURE

- Sec. 1 Teams will be allowed an unlimited number of participants on their roster, with 15 being a suggested minimum.
- Sec. 2 Participation shall be open to all team members having USA Wrestling Classifications PeeWees to Cadets, who may only belong to two teams when:
- A) Coaches are aware
 - B) Combined practices shall not exceed 7 hours each week (9 for Schoolboy and Cadet).
 - C) The participant is a member of the club prior to the start of the school season.

ARTICLE VI FEES

- Sec. 1 There shall be no fees or admission at any NJCW matches or Jamboree.

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ARTICLE VII LEAGUE SCHEDULE

- Sec. 1 The league schedule shall be determined by the Operations Officer according to the number of teams, facility size, etc.
- Sec. 2 Each season schedule shall conclude with a Jamboree tournament.
- Sec. 3 All league matches and tournaments have priority over non league matches.

ARTICLE VIII WRESTLING RULES

- Sec. 1 All tournaments and matches shall be governed by the High School collegiate rules with the following modifications:
 - A) Head gear is not mandatory
 - B) 1 minute rounds (novice and under) and 1 ½ minute rounds (schoolboy and cadet)
 - C) No sitting out on double arm bar
 - D) Hair rule does not apply
- Sec. 2 The make up of all tournaments held by the league is at the discretion of the Board of Managers, and should resemble the format set forth in the NJCW Wrestling Tournament Guide.

ARTICLE IX PRACTICES

- Sec. 1 Each team is limited to a maximum of 3 practices and 7 hours of practice per week for novice and under, 9 hours of practice per week for schoolboy and cadet.
- Sec. 2 Team practices shall not start before November 1 nor continue after March 31 of each season.

ARTICLE X SPORTSMANSHIP

- Sec. 1 All NJCW club managers and coaches should conduct themselves in a sportsmanlike manner at all times as to set an example for wrestlers. Unsportsmanlike behavior is grounds for discipline and/or expulsion from the tournament where the behavior occurs.

ARTICLE XI DISCIPLINE

- Sec. 1 Any member team or probationary team found to be in contravention of this constitution or of its bylaws may be subject to the following:
 - A) Warning
 - B) Probation
 - C) Expulsion
- Sec. 2 Meted discipline shall be in writing to the offending team manager.

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ARTICLE XII INACTIVE STATUS

- Sec. 1 Any team may be placed on "inactive" status at their own request for a period of two years.
- Sec. 2 "Inactive" status teams will NOT be permitted to have any wrestlers compete in the league tournaments until "active" status is reinstated.
- Sec. 3 A team may regain its "active" status by requesting so at a monthly meeting of NJCW.
- Sec. 4 After two years of "inactive" status, the team will be dropped from membership in the league automatically, and reinstatement will be granted by vote of the members at a regularly scheduled NJCW meeting. All reinstated clubs serve a one year probationary period.
- Sec. 5 Inactive teams will not be allowed voting privileges or receive league correspondence.
- Sec. 6 The League may place a team on inactive status if, for a period of one wrestling year, the member team does not do any of the following: attend any league meetings, host a tournament, or volunteer at the NJCWA Championships, as these activities are the basis of the League. Attendance at a year end banquet does not fulfill the above criteria.

ARTICLE XIII PROBATION

- Sec. 1 All new members of the NJCW shall be admitted for a one year probationary period.
- Sec. 2 Clubs on probation for disciplinary reasons can only be reinstated to good standing after a vote of the team managers.
- Sec. 3 After one year, new clubs will automatically be members in good standing if no rule violations are reported.

ARTICLE XIV SCHOLARSHIPS

- Sec. 1 One team manager shall be appointed each year to the Scholarship Chairman position, whose responsibilities shall include verifying each candidates eligibility.
- Sec. 2 Team Managers shall submit names of Scholarship candidates on or before the December meeting of NJCW.
- Sec. 3 NJCW shall provide scholarships for college to former members who have qualified under this section. Qualifications shall be that the candidate has completed one year of college and was a member of that college's wrestling team.
- Sec. 4 Scholarship amount per recipient \$500 maximum, with a maximum outlay by the NJCW association of \$2000. If there are more than 4 nominees, the \$2000 will be divided equally among qualified candidates.

ARTICLE XV COMPENSATION FOR LEAGUE TOURNAMENTS

- Sec. 1 The league shall provide compensation to any member team hosting a tournament during the year.
- Sec. 2 To qualify for payment, the tournament must have already been held, and the team must be in good standing as a league member.
- Sec. 3 The amount of the compensation shall be \$250.

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STANDING RULES

- Sec. 1 Color Coded Registration Cards will be provided by the Association
 - A) White for beginners
 - B) Yellow for intermediates
 - C) Blue for advanced
- Sec. 2 Placement of wrestlers on the registration cards is on the honor system, with equitable matches as the goal:
 - A) A wrestler will be moved up one level if he wins all of his matches.
 - B) A wrestler may be moved down one level if he loses all his matches.
 - C) The plus (+) or minus (-) system may be used on white and yellow cards. Pluses and minuses constitute a level for moving up and down.
- Sec. 3 Registration cards must have the following information:
 - A) Competitor's name
 - B) Competitor's year of birth, 19__ or 20__
 - C) Exact weight
 - D) Name of Club
 - E) Plus or minus in the top right-hand corner of card, if appropriate.
 - F) USAW CARD NUMBER

LEAGUE MATCHES

- Sec. 1 Registration cards are to be on the table BEFORE 9:00 am at all league matches.
- Sec. 2 Weigh-ins are on the honor system. Weigh at home.
 - A) If a competitor's weight is challenged by a team manager, the competitor in question will have to be weighed by the host coach and his weight must be within 2 pounds of the weight listed on his card.
- Sec. 3 Pairings will be four man brackets.
 - A) Competitors will be matched as closely as possible by age, weight, and ability.
 - 1) White+ and yellow may be matched.
 - 2) Yellow and Blue may be matched.
 - 3) White or yellow- may not wrestle blue.
 - B) Five or Three man brackets may be used when necessary.
 - C) At least one representative coach or manager must be given the opportunity to participate in the pairing of his own wrestlers.
- Sec. 4 If a wrestler is moved up or down an age group to have matches, the bracket sheet must show that the bracket is an exhibition bracket (a large "E" on the sheet), with a coach, manager, or parent signing the bracket.
- Sec. 5 No awards will be given at any league tournament other than the Jamboree.

LEAGUE JAMBOREE

- Sec. 1 Pairings will be open bracket by age and weight, double elimination.
- Sec. 2 A wrestler must have competed in a least 2 league meets during the regular season to compete in the closing Jamboree.
- Sec. 3 Competitors will weigh in at the Jamboree site. Weigh-ins will be 7-9 am and standard USAW ages and weights will be used.
- Sec. 4 Awards will be given for 1st through 4th place. Participant ribbons will also be awarded.

LEAGUE MATCH AND JAMBOREE WORKERS

- Sec. 1 It is the responsibility of every member team to man one mat with workers and equipment: Scorekeeper, timer & clock, Referee, flip cards, pencils and ankle bands.